

**University of Virginia Student Council  
General Body Meeting**

Minutes for December 6, 2016

**The General Body meeting was called to order at 6:32 PM**

**Roll Call-** Roll was taken.

**Student Legal Services Presentation**

**Mr. Wilson:** StudCo started Student Legal Services in 1972. I graduated in 1970. It's my pleasure to work with students and bond with you as an alumnus. I've been here 20 years and I have over 17 types of criminal work because we do general law. My board, composed of 6 students and 5 others, requires that when I go to court to try cases I know what prosecutors are doing to get advice. I charge \$250 to go to court, and otherwise have free consultations no matter how many. I welcome questions.

**Michael:** I know you are involved in off grounds housing leasing?

**Mr. Wilson:** If you want advice about the lease, responsible students come to me. Some leases self-renew if you don't give written notice, but most landlords here know better. You need to know who does maintenance and etc. If a student comes for a lease check, I want to know everything about it and the students involved, as well as insurance. You need to consider everyone's financial status

**Luke:** Are there limitations to what you will address?

**Mr. Wilson:** We don't do immigration, but I want to talk to everyone. The International Studies Office has access to an immigration lawyer. Marijuana charges may be a big deal when traveling, and you want to know how they will handle that. We don't do taxes. I know other people that do address these things in town. Sometimes students are disappointed that we can't handle it, but I can give the advice.

**David:** When student needs immigration lawyer, do they pay?

**Mr. Wilson:** For criminal charge, yes. If they want advice, he charges \$400 even for consultation because they are giving you their professional opinion.

**David:** If you did do immigration law, students wouldn't have to pay?

**Mr. Wilson:** That is probably how it would work. No immigration court here, you'd have to go to Arlington.

**Austin:** If 2 students come against each other, and one is the defendant, how do you handle that?

**Mr. Wilson:** I don't do student v. student, student v. UVA or student v. VA. It's controversial, and a person deserves to have an unbiased lawyer. You want to have an independent rep.

**Leeraz:** For undergrad and grad?

**Mr. Wilson:** Yes. For grads, I do divorces and wills, guardianship, etc.

**Zaakir:** For leases, what are major problems that you see?

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**Mr. Wilson:** Maintenance and deposits. The bulk of problems with houses occur over the summer when everyone is away. You need to let the landlord know you won't be there. Also sometimes people need to get out of leases, or a roommate leaves midway. Mold problems can also be serious.

**Sarah:** Me and the 4 other student members have been working on a housing project that will disseminate Mr. Wilson's resources so more students can be aware of their lease issues.

**Mr. Wilson:** I will tell my clients like it is.

**GenBod 1:** What are common pit holes for students?

**Mr. Wilson:** Alcohol causes lots of problems that I see, even criminally. Come to the office on 4<sup>th</sup> floor Newcomb. The value is for students that don't know what to do.

**CAPS Presentation**

**Dr. Fisher:** CAPS is located in Student Health, in addition to general medicine, gynecology, SDAC, and more. We have licensed psychologists, social workers, licensed counselors, and psychiatric services. All of us provide comprehensive services available to all students. We offer individual therapy and utilize brief model with 4-6 sessions, with an average of 5 per student. We do provide referrals for more long term services depending on insurance and financial resources. We also provide group therapy, and there is no session limit. We ask for at least a once a semester commitment. Our most popular groups are general ones, where people can share any pressing concern. It's nice to speak with one another in addition to having 2 therapists there. We provide psych services if you want to transfer your care here, or learn about medication. Medication is not pursued for students not interested. We require that student in psychiatric services be seen individually or in group therapy. We are available walk-in from 8-5, and you can speak with the on call clinician. We reserve them for crises, but any student is welcome. We have after-hours services, and the number is available online. The operator will contact the on-call clinician who will contact the student. We are available all the time, no fee. In addition, we have clinical services, eating disorders team, substance abuse, traumatic brain injury, and trans-health treatment teams. We also provide outreach services. If a student wants CAPS to speak to their group or provide prevention services, we can provide consultation. I would be the point person. My info is online.

**Emily:** A concern students have is the wait lines in CAPS. I was told that due to the Student Activity fee you'd be getting 2-3 more people.

**Dr. Fisher:** We are hiring additional members, which would be utilized during high peak times. We are hiring 2 more as of now. The brief screening over the phone is the traditional route of entering CAPS, which is a 10-15 minutes screen over the phone for safety. Then you get an in person evaluation, and then would be treated weekly.

**GenBodB2:** One concern is that after the session are done, you refer them to an off grounds therapist which is difficult for students who can't drive. Also, the \$20 copay can be prohibitive.

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**Dr. Fisher:** It's misnomer that once the sessions are done you are shuffled off. We create a plan specific to you, and then afterward we can decide if you need longer term care from CAPS. We evaluate if you can go off grounds. There are reduced fee services around town for cheaper than copay. Also nonprofits around town have \$0-5 fees. We have a case manager that works closely with students to assess individual students. We would keep seeing you if we need to. You might want more therapy but don't communicate that. There's a lot of offices within walking distance or on the bus line as well. We work to find amenable services nearby. The idea of a shuttle is great, but we haven't considered it recently because of our access to local services.

**Regina:** How long do students have to wait?

**Dr. Fisher:** Now we are seeing a lot of students. Yesterday we had 9 students between 12:30 and 5. There isn't a long wait, and the front desk should be able to estimate it.

**Bryan:** Are anxiety issues the most prominent? Also, how does CAPS compare with other schools?

**Dr. Fisher:** The 2 primary are depression and anxiety, and they are pretty even. They are opposite ends of the same spectrum. In terms of services, we are on par with any other university, our clinicians are excellent, and we have wide range of services.

**Austin:** Is there an ability for students to make online appointments?

**Dr. Fisher:** No walk-in or on the phone.

**Austin:** Is that possible? That might be a place to improve.

**Dr. Fisher:** It's a possibility but we do like to maintain our confidentiality. It's hard to evaluate things over email versus phone or in person. We could consider it.

**Sarah:** Are the therapy groups made by students or clinicians?

**Dr. Fisher:** It's based on historic need with specific populations in mind. We have a wide range that target interests expressed by students.

**Sarah:** Last year when concerns about CAPS were raised, they said changes would be made over the summer? Could you elaborate on those?

**Dr. Fisher:** We continue to hire new staff members, and demand grows as well. It's a moving target. The brief screening model addresses new students to CAPS, but we may ask students to come in right away. We are looking for our sweet spot.

**Community Concerns**

**Emily:** I heard VA tech has an ice rink, so we could look into that.

**Dirron:** I'm on top of it.

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**Emily:** My goal for break is working on the Range housing.

**Jess:** The Board of Visitors approved a new plan for Brandon Avenue, which replaces med student housing with undergrad housing. I will look into that. Grad students mentioned that in international and family housing they also had issues.

**Sarah:** I can share housing data but it wasn't well distributed in grad community.

**David:** There was an open Honor trial and the person was found guilty. Now because they are international, they may get deported. I thought we should mention it. Talk with your friends about it.

**Emily:** I read the article and heard the reporter was only there at the end. I will follow up to learn more about that concern. We need the full backstory because the article may be incomplete.

**Bryanna:** I think the article is accurate.

### **Committee Updates**

**Ty:** Winter Activities Fair is at the beginning of next semester, it is on a Friday so please sign up. I will keep pushing it out during break. Mackenzie is pushing it amongst CIOs and @UVA. I think we are pretty good for participants. We will need to promote it for actual students to get to the fair.

**Melissa:** Next semester we are launching the new Service Scholar platform.

**Zaakir:** We brought cookies and the committee loved it. Are we doing 6:30 next semester?

**Brett:** According to the bylaws, it is set for 6, but will be voted on at the first meeting of the semester. It seems like 6:30 has been working, but let me know. I am concerned about consistency purposes.

**Bryan:** I am in contact with UGuides to create a discussion next semester about the legacy of Jefferson. It will be a forum/presentation to cover Jefferson at UVA and his legacy to promote a widespread discussion on where to go from here. Contact me if you want to help out.

**Emily:** We are also coming out with a newsletter next week with study break opportunities.

**Liam:** We are trying to put on case competition in spring for service related issues with the Career Center.

**\*\*Fire alarm caused meeting disruption\*\***

### **Officer Updates**

**The General Body Meeting Ended.**

**The Representative Body Meeting Began.**

***CIO Bill was voted on line by line.***

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**Motion to approve Veggies for Virginia. Seconded. Passed.**

**Motion to approve Growing for Change. Seconded. Passed.**

**Motion to table Esperanto Club. Seconded. Passed.**

**Motion to approve English Students Association. Seconded. Passed.**

**Motion to approve Zumba Club at UVA. Seconded. Passed.**

**The Representative Body Meeting Ended at 7:40 PM.**